



Wendy believes we are all here to help other people and improve other people's lives. Her retreats help aspiring writers to access their clarity and gain the confidence they need to become published authors; to increase their contribution in the world by sharing their stories through books. This unique programme, designed for both fiction and non fiction writers, will focus your attention on the key steps of the creative journey. You will identify and work on your specific - What; Why; Who; and How - to start creating your written works, credibility profile and author platform.

Take a break from the distractions of the world and enjoy nature in the beautiful foothills of the Pyrenees; surrounded by the ancient wisdom of the Languedoc landscape and historic Cathar culture. Here, you can: align your senses; reconnect your mind, body and spirit; heal your energy; and access your inner strength and vision. You can give birth to your creative flow and write your book with love and joy.

Fully catered, with fresh, local and homemade produce, vegan and vegetarian options daily. Inclusive of: luxury accommodation with a range of indoor and outdoor quiet writing spaces; Carcassonne airport transfers; and free, guided forest walks and wild swimming.

- Discover the stillness and peace; or the movement and exercise, you need to deeply connect in nature.
- Set your author intention with a crystal clear vision of: where you want to go; by when; and with an Action Plan to get you there.
- Overcome your biggest writing fears and release your greatest brilliance in your book, or even a film script.
- Activate your clarity and confidence to write your own bestseller with impact.
- Develop your writing habit, author voice and unique narrative arc.
- Align your passion and purpose to be fully present and visible in the world.
- Establish powerful new daily rituals to expand your presence, profile and platform.



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Wendy Yorke

Literary Agent, Author Coach, Book Editor Author and International Speaker – supporting new authors

